

# **NORTH PLATTE** **PHYSICAL THERAPY**

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TRAVIS COCHRAN, P.T.

## REQUISITION / PLAN OF CARE

Patient's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Referring Physician: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Is Pt. aware of diagnosis? \_\_\_\_\_ Yes \_\_\_\_\_ No

Onset: \_\_\_\_\_

Treatment Goals: \_\_\_\_\_

Treatment Precautions: \_\_\_\_\_

**Treatment Orders: (Please Check)**

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> <b>CRYOTHERAPY</b><br><input type="checkbox"/> Cold Packs<br><input type="checkbox"/> Ice Massage<br><br><input type="checkbox"/> <b>EDUCATION</b><br><input type="checkbox"/> Back School<br><input type="checkbox"/> Cardiac Rehab<br><br><input type="checkbox"/> <b>ELECTRICAL STIMULATION</b><br><input type="checkbox"/> TENS<br><input type="checkbox"/> HVGS<br><input type="checkbox"/> FES<br><input type="checkbox"/> LVS (Acuscope)<br><input type="checkbox"/> Interferential<br><br><input type="checkbox"/> <b>EVALUATION</b><br><input type="checkbox"/> Consult<br><input type="checkbox"/> Evaluate and Treat<br>(Area) _____<br><br><input type="checkbox"/> <b>EXERCISE (Specify Area)</b><br>_____<br><input type="checkbox"/> Strengthening<br><input type="checkbox"/> PROM (Passive ROM)<br><input type="checkbox"/> AROM (Active ROM)<br><input type="checkbox"/> PRE (Progressive)<br>Resistive Exercises<br><input type="checkbox"/> Muscle Reeducation<br><input type="checkbox"/> Stretching<br><input type="checkbox"/> Coordination<br><input type="checkbox"/> Conditioning Program<br><input type="checkbox"/> Myofacial Release | <input type="checkbox"/> <b>GAIT TRAINING</b><br><input type="checkbox"/> Crutch Ambulation<br><input type="checkbox"/> Progressive Ambulation<br>(Specify WT-Bearing Status)<br><input type="checkbox"/> NWB                   R   L<br><input type="checkbox"/> PWB                   R   L<br><input type="checkbox"/> W.B. as tol.       R   L<br><input type="checkbox"/> Touch-down       W   R   L<br><input type="checkbox"/> Transfer Instruction<br><br><input type="checkbox"/> <b>HEAT (Specify Area)</b><br>(Superficial)<br><input type="checkbox"/> Hot Packs<br><input type="checkbox"/> Paraffin<br><input type="checkbox"/> Ultrasound<br>(Hydrotherapy)<br><input type="checkbox"/> Whirlpool<br><input type="checkbox"/> Contrast Baths<br><br><input type="checkbox"/> <b>HOME PROGRAM</b><br><br><input type="checkbox"/> <b>INTERMITTENT COMPRESS</b><br>(Specify Area)<br>_____<br>mm. of Hg _____<br><input type="checkbox"/> Compression Garment<br><br><input type="checkbox"/> <b>IONTOPHORESIS</b><br><br><input type="checkbox"/> <b>MASSAGE</b><br>(Specify Area)<br>_____ | <input type="checkbox"/> <b>PHONOPHORESIS</b><br><br><input type="checkbox"/> <b>POOL THERAPY</b><br><br><input type="checkbox"/> <b>PRE-OP TEACHING</b><br><br><input type="checkbox"/> <b>SPLINTING OR BRACING</b><br><br><input type="checkbox"/> <b>STRESS MANAGEMENT PROGRAM</b><br><br><input type="checkbox"/> <b>TRACTION</b><br><input type="checkbox"/> Cervical<br><input type="checkbox"/> Lumbar<br><input type="checkbox"/> Home Unit<br>Lbs. _____<br><br><input type="checkbox"/> <b>WOUND CARE</b><br><input type="checkbox"/> Wound Whirlpool<br><input type="checkbox"/> Debridement<br><input type="checkbox"/> Dressings<br>(Other) _____<br><br><input type="checkbox"/> <b>OTHER</b><br>_____<br>_____<br>_____<br><br><input type="checkbox"/> Goals and Objectives<br>have been met<br><br><input type="checkbox"/> Patient Care has been discontinued |
|--|---|---|

Frequency of Treatment: \_\_\_\_\_ BID \_\_\_\_\_ Daily \_\_\_\_\_ 1x/Wk \_\_\_\_\_ 2x/Wk \_\_\_\_\_ 3x/Wk \_\_\_\_\_ 1x only \_\_\_\_\_

Other (Specify) \_\_\_\_\_

Date \_\_\_\_\_ 20\_\_\_\_ X \_\_\_\_\_

Physician's Signature