

# **NORTH PLATTE PHYSICAL THERAPY**

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## REQUISITION / PLAN OF CARE

Patient's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Referring Physician: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Is patient/guardian aware of diagnosis?  Yes  No

Onset: \_\_\_\_\_

Treatment Goals: \_\_\_\_\_

Treatment Precautions: \_\_\_\_\_

Treatment Orders: (Please Check)

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> <b>EVALUATION</b><br><input type="checkbox"/> Consult<br><input type="checkbox"/> Evaluate and Treat<br>(Area) _____<br><input type="checkbox"/> Re-evaluate<br><br><input type="checkbox"/> <b>EDUCATION</b><br><input type="checkbox"/> Back School<br><input type="checkbox"/> Cardiac Rehab<br><br><input type="checkbox"/> <b>PRE-OP TEACHING</b><br><br><input type="checkbox"/> <b>HOME PROGRAM</b><br><br><input type="checkbox"/> <b>CRYOTHERAPY</b><br><input type="checkbox"/> Cold Packs<br><input type="checkbox"/> Ice Massage<br><br><input type="checkbox"/> <b>HEAT (Specify Area)</b><br>(Superficial)<br><input type="checkbox"/> Hot Packs<br><input type="checkbox"/> Paraffin<br><input type="checkbox"/> Ultrasound<br><br><input type="checkbox"/> <b>IONTOPHORESIS</b><br><br><input type="checkbox"/> <b>PHONOPHORESIS</b><br><br><input type="checkbox"/> <b>ELECTRICAL STIMULATION</b><br><input type="checkbox"/> TENS<br><input type="checkbox"/> HVGS: IFC, Pre Mod<br><input type="checkbox"/> FES<br><input type="checkbox"/> Home Unit | <input type="checkbox"/> <b>EXERCISE (Specify Area)</b><br>_____<br><input type="checkbox"/> Strengthening<br><input type="checkbox"/> PROM (Passive ROM)<br><input type="checkbox"/> AROM (Active ROM)<br><input type="checkbox"/> PRE (Progressive<br>Resistive Exercises)<br><input type="checkbox"/> Muscle Reeducation<br><input type="checkbox"/> Coordination<br><input type="checkbox"/> Conditioning Program<br><input type="checkbox"/> Myofacial Release<br><br><input type="checkbox"/> <b>TRACTION</b><br><input type="checkbox"/> Cervical<br><input type="checkbox"/> Lumbar<br><input type="checkbox"/> Home Unit<br><br><input type="checkbox"/> <b>GAIT TRAINING</b><br><input type="checkbox"/> Crutch Ambulation<br><input type="checkbox"/> Transfer Instruction<br><input type="checkbox"/> Progressive Ambulation<br>(Specify WT-Bearing Status)<br><input type="checkbox"/> NWB                   R   L<br><input type="checkbox"/> PWB                   R   L<br><input type="checkbox"/> W.B. as tol.       R   L<br><input type="checkbox"/> Touch-down       R   L<br><br><input type="checkbox"/> <b>POOL THERAPY</b> | <input type="checkbox"/> <b>MANUAL THERAPY</b><br>(Specify Area)<br><input type="checkbox"/> PROM/Stretching<br><input type="checkbox"/> Joint Mobilization<br><input type="checkbox"/> Massage/STM<br><input type="checkbox"/> Manual Traction<br><br><input type="checkbox"/> TDN (Trigger Point Dry Needling)<br><br><input type="checkbox"/> <b>GRASTON</b><br><br><input type="checkbox"/> <b>WOUND CARE</b><br><input type="checkbox"/> Wound Whirlpool<br><input type="checkbox"/> Debridement<br><input type="checkbox"/> Dressings<br><input type="checkbox"/> (Other) _____<br><br><input type="checkbox"/> <b>SPLINTING, BRACING</b><br>or Orthotics<br><br><input type="checkbox"/> <b>SENSORY PROCESSING</b><br><br><input type="checkbox"/> <b>COGNITIVE RE-TRAINING</b><br><br><input type="checkbox"/> <b>VISUAL PROCESSING</b><br><br><input type="checkbox"/> <b>OTHER</b><br>_____<br>_____<br><br><input type="checkbox"/> Goals and Objectives<br>have been met<br><br><input type="checkbox"/> Patient Care has been discontinued<br>_____ |
|---|---|--|

Frequency of Treatment: \_\_\_\_\_ Duration \_\_\_\_\_

Date \_\_\_\_\_ 20\_\_\_\_ **X** \_\_\_\_\_

Physician's Signature \_\_\_\_\_

