

# **NORTH PLATTE** **PHYSICAL THERAPY**

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## REQUISITION / PLAN OF CARE

Patient's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Referring Physician: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Is patient/guardian aware of diagnosis? \_\_\_\_\_ Yes \_\_\_\_\_ No

Onset: \_\_\_\_\_

Treatment Goals: \_\_\_\_\_

Treatment Precautions: \_\_\_\_\_

**Treatment Orders: (Please Check)**

- EVALUATION**  
 Consult  
 Evaluate and Treat  
 (Area) \_\_\_\_\_  
 Re-evaluate

- EXERCISE (Specify Area)**  
 \_\_\_\_\_  
 Strengthening  
 PROM (Passive ROM)  
 AROM (Active ROM)  
 PRE (Progressive  
 Resistive Exercises)  
 Muscle Reeducation  
 Coordination  
 Conditioning Program  
 Myofascial Release

- MANUAL THERAPY  
 (Specify Area)**  
 PROM/Stretching  
 Joint Mobilization  
 Massage/STM  
 Manual Traction

- EDUCATION**  
 Back School  
 Cardiac Rehab

TDN (Trigger Point Dry Needling)

**PRE-OP TEACHING**

GRASTON

**HOME PROGRAM**

CUPPING

- CRYOTHERAPY**  
 Cold Packs  
 Ice Massage

- TRACTION**  
 Cervical  
 Lumbar  
 Home Unit

- WOUND CARE**  
 Wound Whirlpool  
 Debridement  
 Dressings  
 (Other) \_\_\_\_\_

- HEAT (Specify Area)  
 (Superficial)**  
 Hot Packs  
 Paraffin  
 Ultrasound

- GAIT TRAINING**  
 Crutch Ambulation  
 Transfer Instruction  
 Progressive Ambulation  
 (Specify WT-Bearing Status)  
 NWB R L  
 PWB R L  
 W.B. as tol. R L  
 Touch-down R L

**SPLINTING, BRACING  
 or Orthotics**

**IONTOPHORESIS**

**SENSORY PROCESSING**

**PHONOPHORESIS**

**PELVIC FLOOR**

- ELECTRICAL STIMULATION**  
 TENS  
 HVGS: IFC, Pre Mod  
 FES  
 Home Unit

- POOL THERAPY**  
 **VISUAL PROCESSING**  
 **COGNITIVE RE-TRAINING**

**WOMENS HEALTH**

**OTHER**  
 \_\_\_\_\_  
 \_\_\_\_\_

**Goals and Objectives  
 have been met**

**Patient Care has been discontinued**  
 \_\_\_\_\_

Frequency of Treatment: \_\_\_\_\_ Duration: \_\_\_\_\_

Date: \_\_\_\_\_ 20 \_\_\_\_\_ **X** \_\_\_\_\_

Physician's Signature

